

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Try this short meditation https://www.youtube.com/watch?v=DWOHcGF1Tmc</p> <p>Write down 3 things you are grateful for today.</p>	<p>Type or write a paragraph with the title 'My Hopes for the future'. I would love to read about your goals and wishes in the days/months/years to come.</p>	<p>Come into school at your allocated time to collect your yearbook and hand in your time capsule sheet filled in.</p>	<p>Write a compliment about each member of the class e.g. Anne: a great listener John: a loyal friend..... (there are 22 of you altogether so you will be writing 21 compliments)</p>	<p>Write a message to your classmates as you finish your last day in primary school. Let me know if you would like me to share it with the class on Seesaw when you send it to me.</p>